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BSN 266 HESI Med Surg Exam (2023/ 2024) Grade A | Questions and Verified Answers|100% Correct - Nightingale

QUESTION

A client with a peptic ulcer has been instructed to avoid intense physical activity and stress. Which strategy should the client incorporate into the home care plan?
A. Conduct physical activity in the morning in order to be able to rest in the afternoon.
B. Have the family agree to perform the necessary yard work at home.
C. Give up jogging and substitute a less demanding hobby.
D. Incorporate periods of physical and mental rest in the daily schedule.

Answer:
D. Incorporate periods of physical and mental rest in the daily schedule.

QUESTION

A client is to take one daily dose of ranitidine (Zantac) at home to treat a peptic ulcer. The client understands proper drug administration of ranitidine when the client will take the drug at which of the following times?
A. Before meals.
B. With meals.
C. At bedtime.
D. When pain occurs.

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Answer:
C. At bedtime.

QUESTION

A client has been taking aluminum hydroxide 30 mL six times per day at home to treat a peptic ulcer. The client has been unable to have a bowel movement for 3 days. Based on this information, the nurse would determine that which of the following is the most likely cause of the client's constipation?
A. The client has not been including enough fiber in the diet.
B. The client needs to increase the daily exercise.
C. The client is experiencing an adverse effect of the aluminum hydroxide.

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D. The client has developed a gastrointestinal obstruction.

Answer:
C. The client is experiencing an adverse effect of the aluminum hydroxide.

QUESTION

A client is taking an antacid for treatment of a peptic ulcer. Which of the following statements best indicates that the client understands how to correctly take the antacid?
A. "I should take my antacid before I take my other medications."
B. "I need to decrease my intake of fluids so that I don't dilute the effects of my antacid."
C. "My antacid will be most effective if I take it whenever I experience stomach pains."
D. "It is best for me to take my antacid 1 to 3 hours after meals."

Answer:
D. "It is best for me to take my antacid 1 to 3 hours after meals."

QUESTION

Which of the following would be an expected outcome for a client with peptic ulcer disease? The client will:
A. Demonstrate appropriate use of analgesics to control pain.
B. Explain the rationale for eliminating alcohol from the diet.
C. Verbalize the importance of monitoring hemoglobin and hematocrit every 3months.
D. Eliminate engaging in contact sports. The Client with Cancer of the Stomach

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Answer:
B. Explain the rationale for eliminating alcohol from the diet.

QUESTION

The nurse should assess the client who is being admitted to the hospital with upper GI bleeding for which of the following? Select all that apply.
1. Dry, flushed skin.
2. Decreased urine output.
3. Tachycardia.
4. Widening pulse pressure.
5. Rapid respirations.
6. Thirst.

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Answer:
B. Decreased urine output
C. Tachycardia
E. Rapid respirations
F. Thirst

QUESTION

A client with suspected gastric cancer undergoes an endoscopy of the stomach. Which of the following assessments made after the procedure would indicate the development of a potential complication?
A. The client has a sore throat.
B. The client displays signs of sedation.
C. The client experiences a sudden increase in temperature.
D. The client demonstrates a lack of appetite.

Answer:
C. The client experiences a sudden increase in temperature.

QUESTION

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A client has been diagnosed with adenocarcinoma of the stomach and is scheduled to undergo a subtotal gastrectomy (Billroth II procedure). During preoperative teaching, the nurse is reinforcing information about the surgical procedure. Which of the following explanations is most accurate?
A. The procedure will result in enlargement of the pyloric sphincter.
B. The procedure will result in anastomosis of the gastric stump to the jejunum.
C. The procedure will result in removal of the duodenum.
D. The procedure will result in repositioning of the vagus nerve.

Answer:
B. The procedure will result in anastomosis of the gastric stump to the jejunum.

QUESTION

Since the diagnosis of stomach cancer, the client has been having trouble sleeping and is frequently preoccupied with thoughts about how life will change. The client says, "I wish my life could stay the same." Based on this information, the nurse should understand that the client:

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A. Is having difficulty coping.
B. Has a sleep disorder.
C. Is grieving.
D. Is anxious.

Answer:
C. Is grieving

QUESTION

After a subtotal gastrectomy, the nasogastric tube drainage will be what color for about 12 to 24 hours after surgery?
A. Dark brown.
B. Bile green.
C. Bright red.
D. Cloudy white.

Answer:
A. Dark brown

QUESTION

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A client has a nasogastric (NG) tube following a subtotal gastrectomy. The nurse should:
A. Irrigate the tube with 30 mL of sterile water every hour, if needed.
B. Reposition the tube if it is not draining well.
C. Monitor the client for nausea, vomiting, and abdominal distention.
D. Turn the machine to high suction if the drainage is sluggish on low suction.

Answer:
C. Monitor the client for nausea, vomiting, and abdominal distention.

QUESTION

Following a gastrectomy, the nurse should position the client in which of the following positions?
A. Prone.
B. Supine.
C. Low Fowler's
D. Right or left Sims.

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